



The Oprah Winfrey Show
Marci Hughes
110 North Carpenter St.
Chicago, IL 60607

October 22, 2005

Dear Marci,

Per your request I have enclosed an Advance Review copy of our November title "Silent Heroes".

The author is an incredibly compassionate soul whose mission is to remove the stigma of mental illness and thus remove the barriers families face when they desperately need help in coping with a loved one who has depression, schizophrenia, or other mental illness.

The recent events—Tom Cruise's lack of support for the mentally ill, Brooke Shield's wonderful new book, and now, more recently, the poor, poor mom who drowned her three beautiful boys—is a silent scream for silent heroes. I heard a family member say, "She said she was going to go throw the kids to the sharks." Whether they were fearful of the stigma, or they just didn't know how to help, the author and I cried together at the news, knowing her book could heal so many families.

Please contact me if you need any more information.

Warmest Regards,

Nancy

Nancy Cleary
publisher and Mom to Wyatt & MacKenzie