

A Suburban Mom

Notes from the Asylum



A Suburban Mom: Notes from the Asylum provides a glimpse into the mind of a laid-back yet stressed-out, insecure, sleep-starved, TV-obsessed, news-junkie, Generation X parent navigating the labyrinth of modern parenthood with three young children, including a set of twins. From critiquing fashionistas who try to convince the pregnant public to buy maternity thongs and discussing whether at-home moms have sold out their feminist sisters, to tackling topics such as how to have a sex life while three kids are pounding on their parents' locked bedroom door, how to look cool while driving a mini-van (a clue: you can't) and what happens when a toddler eats trash, O'Brien's collection of 76 columns illustrates how parents are living their lives in the real American suburbs, not in the white picket fenced world portrayed in fuzzy, honey-hued greeting card ads.

A Suburban Mom: Notes from the Asylum

by Meredith O'Brien

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A professional reporter, Meredith O'Brien has worked at a number of newspapers including, *The Boston Herald* and *The Union-News*. A co-author of *The Buying of the President* (Avon, 1996) with the Center for Public Integrity, a Washington, D.C.-based investigative reporting group, O'Brien has written a number of in-depth studies most recently an examination of the 2004 presidential nominating conventions. An adjunct faculty member at the University of Massachusetts Journalism Program, O'Brien has written more than a dozen magazine articles about the media.

In the world of parenting journalism, O'Brien is a contributing writer to the Boston area publication, *Parents & Kids* (townonline.com/parentsandkids), for which she sits on the editorial advisory board. Her work has appeared in a number of parenting periodicals and web sites including: *Chicago Parent*, *DallasChild*, *Baby Years Magazine*, *Family Man.com* and *BabyZone.com*. She is the parenting blogger for the Boston Herald's web site -- where she writes the Boston Mommy Blog, ClubMom's Parenting Pop Culture: TV, Movies, Motherhood and Apple Pie blog, and is a contributing writer to *DotMoms.com*, a web site which features writing about motherhood that was listed as one of Time Magazine's top 50 coolest web sites and was featured in *Parenting Magazine*.

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MARKETING HIGHLIGHTS - All Pending Response:

Newspapers: Boston Herald, The Republican newspaper. (Springfield, MA), The Metrowest Daily News. (Framingham, MA), The Daily Hampshire Gazette (Northampton, MA), The Hartford Courant (Hartford, MA), Los Angeles Times, Chicago Tribune, Dallas Morning News, USA Today, Miami Herald, The Washington Post, The Atlanta Journal-Constitution, *Parenting monthlies:* DallasChild, Los Angeles Parents, Big Apple Family, *Print Mags:* Time, Newsweek, Parents, Child, Parenting. *Web:* Salon.com/Life section. *Blogging Tour* set for January

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